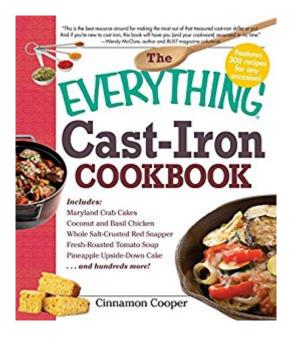


# The book was found

# The Everything Cast-Iron Cookbook (Everything®)





# Synopsis

Every chef worth her skillet knows cast iron beats nonstick every time! In The Everything Cast-Iron Cookbook, you'll learn how easy it is to create healthy and delicious recipes with these versatile pans. Food writer and cast-iron enthusiast Cinnamon Cooper shows you how to make 300 mouth-watering recipes, including:Quinoa and Beef-Stuffed Acorn SquashSeared and Roasted Pork BellySmoked Turkey ChiliRoasted Tomatillo and Green Chili Saucelcelandic Sugar-Glazed PotatoesShrimp and Avocado Pasta with a Tequila Tomato SauceFresh Fig MuffinsUpside-Down Apple Pie From fried chicken as scrumptious as Grandma's to spicy exotic Palak Paneer, these recipes will satisfy all year long. And this cookbook guides you though purchasing, seasoning, and cleaning your cast-iron pans. Cooking with cast iron proves what once was old is new again!

### **Book Information**

File Size: 1182 KB Print Length: 304 pages Publisher: Everything (May 18, 2010) Publication Date: May 18, 2010 Sold by: Â Simon and Schuster Digital Sales Inc Language: English ASIN: B0045Y23VQ Text-to-Speech: Not enabled X-Ray: Not Enabled Word Wise: Enabled Lending: Not Enabled Enhanced Typesetting: Enabled Best Sellers Rank: #357,143 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #51 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Dutch Ovens #75 in Books > Cookbooks, Food & Wine > Kitchen Appliances > Cast Iron #188 in Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Culinary Arts & Techniques

# **Customer Reviews**

I bought this book as a present for my wife. Yes, she loves to cook. We were both pleasantly surprised to find many and varied recipes. If your palate is too refined for good ordinary American food, this book is not for you. Conversely, if you like southern cooking and fine down-home dining (I do) y'all will love it.

This cook book goes through how to season your cast iron and care for it along with why cast iron cook ware is good to use and doesn't give off fumes like other non stick cookware. Cinnamon Cooper does a great job of giving recipes for new skillet, recipes for one person, vegetables, meats, even game and fish and also griddle and chicken fryer. There are alot of helpful hints through out this cook book so if you buy it keep it handy. Recipes are easy to follow and taste great! I highly recommend this cook book!

Very nice cook book. I have the paper back book and I also downloaded it to my Ipad. There is a section for skillets, Dutch ovens and grill pans griddles and fryers. The recipes are pretty easy to use and there are some nicer than plain old camping food ideas. I would recommend this book to a friend.

Love it!!! I love the way the "EVERYTHING" books are laid out! I collect many of there books. An I love cooking with my cast iron!

This was a gift and she loved it.

Great book with wonderful recipes. I have owned a cast-iron skillet for years and was stuck repeating the same old recipes. I bought this book to try out new things outside of my comfort zone. Loved the dutch baby recipe and all other instructions are very easy to follow.

If you live cast iron, or even if you don't love cast iron but have a piece or two, this book has what you need to know. Buy it, find your cast iron and get cooking! It will make you fall in love with cast iron and want more!

I used to use some cast iron, but got away from them. Now I'm back and feeling like a newbie. Made bisque last week and after 44 years of marriage, my husband said "best ever, can you repeat this?"

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